Luscious Lemon Herbs

Martha Scheer Northern California Unit of The Herb Society of America May 6, 2017 – www.nor.california-herbsociety.org

- *Lemon Balm Melissa officinalis nice delicate lemon flavor & scent w/ hint of mint. Herbaceous perennial sun to shade invasive propagate by seeds, cuttings, divisions use younger leaves & aerial parts pink flowers container deer resistant drought tolerant medicinal tea cosmetics crafts honeybees sunset zone 1 USDA zone 4 used as a relaxing tonic & to lift the spirits anti-viral.
- *Lemongrass West Indian Lemongrass Cymbopogon citrarus Lemon scent w/ hint of rose aroma Perennial Herbaceous 3' ht. & wid. Sun to part shade medicinal tea culinary container prop. By divisions deer resistant forgiving plant frost sensitive ornamental up lifting lemon scented leaves enlarged fleshy base used cooking crafts –cosmetics insect repellent Sunset zone 7 USDA zone 9.
- *Lemongrass East Indian Lemongrass Cymbopogon flexuous Heavy in scent and flavor & sweet annual very frost tender 1 to 2' ht. sun to part shade white flowers -culinary container deer resistant –medicinal tea sunset zone 19 best plant for a sweet lemon grass tea doesn't produce fleshy bulb preferred variety for essential oil.
- <u>Citronella grass Cymbopogon nardus or C. winterianus</u> perennial zones 10 12, annual further north green w/ reddish base stems 5 to 6' ht. 3 to 4' wid. container companion insect repellant culinary medicinal oil plant.
- *Lemon Verbena Aloysia triphylla Tart lemon flavor brightest, tangiest lemon flavor Clean, lemony scented herb, highly prized for its strong odor more of a citronella type Perennial deciduous > 4' ht. sun to part shade white flowers culinary container prop. cuttings use leaves medicinal cosmetics crafts culinary tea butterflies, bees & beneficials average to low water –USDA zone 8.
- <u>* Lemon scented geranium Pelargonium crispum 'Lemon'</u> Bright cheery lemon scent semi evergreen perennial sun to part shade small delicate crinkled leaves bi colored pink flower, showy 1 to 2' container culinary use leaves drought tolerant cuttings sunset & USDA z. 7 used for topiary.
- * Lemon Fizz' scented geranium Pelargonium odoratissimum 'Lemon Fizz' Zesty Lemon scent herbaceous perennial sun 1 to 2' ht. leaves lobed dark green light pink flowers w/ dark spots culinary -cuttings use leaves.
- *Lemon Kiss scented geranium Pelargonium, scented 'Lemon Kiss' Knockout fragrance/Lemon extract- semi evergreen perennial sun to part shade cuttings fan shaped leaves pink flower 1 to 2' ht. Butterfly container culinary craft heat tolerant use leaves tea easy to grow sunset zone 7.
- * Lemon Meringue scented geranium Pelargonium, scented 'Lemon Meringue' Creamy lemon scent deciduous perennial - leaves deeply lobed pink & maroon flower sun to part shade 6" to 1' ht. container deer resistant drought tolerant cuttings butterfly USDA zone 5 use leaves.
- * <u>Lime Scented Geranium Pelargonium x nervosam Tart Lime semi-evergreen perennial sun to part shade pink flowers 1 to 2' ht. container culinary tea cuttings use leaves drought tolerant soft to the touch.</u>
- * Mabel Gray scented geranium Pelargonium, scented 'Mabel Gray' Strong lemon lemon sherbet 3' ht. 2 toned leaves, maple leaf shape pink flowers one of larger pelargoniums container culinary tea cuttings.
- * Rober's Lemon Rose scented geranium Pelargonium, scented 'Rober's Lemon Rose' Lemon and Rose scented One of Rose's favorite for cooking! Semi evergreen perennial sun to part shade potato leaf lavender flower 1' to 2' ht. favorite in baking culinary container tea craft propagate by cuttings use leaves sunset & USDA zone 7 withstand variety of temperatures can tolerate neglect.

- * French Lace Scented geranium Pelargonium crispum 'Variegated Prince Rupert' Light Lemon herbaceous perennial sun to part shade (afternoon shade) small, finely toothed leaves grey green w/ white/yellow variegation bicolored pink flowers 1 to 2' ht. slower growing culinary container USDA 9.
- *Lemon Basil 'Mrs. Burns' Ocimum basilicum 'citriodora' Basil w/ Lemon aroma –annual 2' ht. sun (protect from intense afternoon sun) white flower plenty of water & fertilizer pinch back to prevent flowers more delicate than sweet basil delicious culinary basil container tea prop. seeds medicinal pesto –salads desserts.
- *Lime Basil Ocimum americanum Basil w/ light lime flavor Annual sun 16" ht. white flowers light green with slender leaves container culinary propagate by seeds tea use leaves and flowers.
- *Lemon Eucalyptus Lemon Scented Gum Eucalyptus citriodora (Corymbia citriodora) Pungent lemon/citronella scent tree native to N.W. Australia perennial/annual 60' to 100' in ground 4' to 6' in container pale smooth bark prop. by seeds sword shaped gray green leaves tiny white flowers shallow roots insect repellent honey bee timber essential oil crafts medicinal USDA zone 9 use leaves.
- *Lemon Catnip Nepeta cataria v. citrate Light Lemony flavor herbaceous perennial, hardy 3' to 4' ht. sun to part shade white/pink flowers soft leaves propagate by seeds drought tolerant not as attractive to cats tea use leaves & flowers Butterfly & honeybee container culinary medicinal?.
- <u>Agastache mexicana 'Sangria' Sangria Mexican Hyssop</u> Lemon Scented Perennial herbaceous sun purple flowers hummingbird & honeybee tea medicinal long lived use leaves & flowers both lemon scented culinary deer drought sunset zone 3 USDA zone 6.
- *Hillary's Sweet Lemon Mint Mentha 'Hillary's Sweet Lemon' Sweet, fruity, spearmint with a citrus edge herbaceous Perennial purple flowers 2-3 ft. sunset zone 4- culinary container tea invasive.
- *Lime Mint Mentha x piperata citrate 'Lime' Mint w/ refreshing Lime flavor Herbaceous Perennial sun to part shade smooth, deep green leaves with a hint of purple & reddish purple stems upright purple flowers 1' to 2' ht. sunset zone 4 USDA zone 5 culinary container honeybee tea invasive.
- <u>Monarda 'Lambada' Lemon Mint Bee Balm</u> <u>Light lemon scented w/ basil overtones herbaceous perennial/annual sun 2' ht. purple flowers sunset zone 9 Butterfly cut flowers hummingbird.</u>
- *Pineapple Sage Salvia elegans Pineapple scent herbaceous perennial sun red flower > 4' sunset zone 5 USDA zone 8 scented leaves culinary tea- hummingbird bright red flower edible.
- *Lemon Savory Satureja biflora Peppery lemon Semi evergreen perennial white flowers sun to part shade 6" to 1' ht. USDA 8 Honeybee container culinary medicinal tea slow growing.
- <u>Sorrel, French or Garden Rumex</u> Tart w/ pleasant taste of lemon herbaceous perennial part shade to shade 1 to 2' ht. divide leaves edible culinary birds like seeds vigorous.
- <u>Sumac Rhus species</u> (with red berries)– Tangy Lemon shrub or tree 3' to 32' ht. ground berries culinary dye medicinal wood used propagate by seeds and rhizomes berries form in large clusters.
- *Lemon Thyme Thymus x citriodorus Sweet lemon w/ light thyme aroma 1' ht.- container culinary honeybee medicinal tea semi evergreen perennial sun to part shade (afternoon shade) pink flower sunset zone 1 USDA zone 5 border good drainage use leaves & flowers propagate with cuttings.
- *Golden Lemon Thyme Thymus x citriodorus 'Aureus' Sharper Lemon flavor w/ thyme aroma herbaceous perennial sun to part shade pink flowers sunset zone 1 USDA zone 5 leaves deep green rimmed in light yellow container not hardy honeybee culinary tea.
- *Thymus sp. 'Lime' Lime Thyme Citrus scented w/ thyme aroma semi-evergreen perennial sun to part shade (afternoon shade) pink flower lime green foliage- groundcover 4"ht. x 15"w container.