

Calendula Salve

Materials

- Calendula infused oil
- Strainer
- Press cloth
- Beeswax
- Vitamin E oil (optional)
- Clean and dry bowl
- Clean and dry measuring cup (fluid)
- Essential oils (optional)
- Clean and dry jar with lid
- Labels



Instructions

- Strain Calendula infused oil:
 - place the strainer over a bowl and lay a dry press cloth in the strainer to line it.
 - Pour calendula infused oil into the strainer. Allow oil to drip through the press cloth and strainer. If needed, you can pull the corners up of the press cloth, enclosing the oil and flowers and squeeze the remaining oil out over the strainer.
 - Discard flowers (called the “marc”) into a compost bin.
- Place double boiler on stove top with water in the lower pan (about 1/4-1/2 inch of water). Heat on medium high until water begins to boil.
- In top pan, add 4 parts oil to 1 part beeswax. Stir occasionally until beeswax is dissolved and then remove from heat.
- Dip a very cold spoon or knife into the mixture to test the consistency. Add more beeswax and return to the stovetop if you want a firmer salve. Add more oil to the mixture if you want a softer salve.
- Add Vitamin E (1,000 IUs for every 5 oz of salve) and essential oils to the liquid salve.
- Pour into a clean jar and affix the lid. Label with the ingredients and date.
- Store in a cool place and use within 4-6 months.